



FAMILY HANDBOOK

Board of Education

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Office Hours: 8:00 a.m. – 5:00 p.m.

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Silver Strand State Preschool

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Office Hours: 8:00 a.m. – 3:00 p.m.

strand.coronadousd.net/academics/silver-strand-state-preschool/

Dear Families:

Coronado Unified School District (CUSD) preschool program welcomes you and your child to our district. Our program allows for optimum growth and development for student success in the following areas: social-emotional growth (includes ethnic and cultural recognition), cognitive and academic growth aligned to K-12 Common Core State Standards, language development and foundations, physical growth, self-help/hygiene, and fine motor growth. These areas are addressed in a positive learning environment which promotes feelings of self-worth and success through the *California Teaching Pyramid*. We also expose our children to art, music, technology, and dramatic play activities regularly.

Our program is based upon a partnership with parents. A mutual goal is the provision of early childhood education and care of the highest possible quality. Parents are an essential part in fostering their child's healthy emotional, social, cognitive, and physical development.

The program provides service to eligible children regardless of gender, race, religion, ethnicity, or mental or physical disability. No program is used in whole or in part for religious worship or instruction. Programs are licensed through the California Department of Social Services, Community Care Licensing.

Thank you for choosing our preschool program as the roots for your child's education.

Lisa Alonso

Director of Preschool & Child Care



CUSD Mission statement

“We inspire, innovate, and create limitless opportunities to thrive.”

Philosophy

We believe that each child is a unique and capable individual. We strive to provide programs which foster creativity and encourage curiosity and love of learning.



Preschool program and funding sources

CUSD provides families in the community with educational opportunities for preschool aged children. CUSD also receives funding from additional sources:

- **We offer California State Preschool Program (CSPP) for children ages 3 & 4 whose birthday is on or before September 1st of the school year of enrollment.**
- **The San Diego County Office of Education’s Quality Preschool Initiative Program (QPI) subsidizes the State Preschool Program. The funding is used to enhance the programs through staff development.**

Eligibility/Enrollment for California State Preschool Program (CSPP)

Enrollment is determined according to income. Enrollment is based upon the criteria and priorities established by Title 5 California of the Code of Regulations. Documentation is necessary to determine eligibility.

- Children must be 3 or 4 years of age on or before September 1st of the school year of enrollment. First priority shall go to children receiving protective services through the local county welfare department and children at risk or abuse, neglect, or exploitation. Second priority shall go to eligible four-year old children, with the lowest income per capita. Third priority shall go to other eligible three-year old children, in ranking order.

**Schedule of Income Ceilings (85% SMI)
for SFY 2019–20 Child Care and Development Programs**

Family Size	Family Monthly Income	Family Yearly Income
1-2	\$5,343	\$64,120
3	\$5,802	\$69,620
4	\$6,719	\$80,623
5	\$7,794	\$93,522
6	\$8,869	\$106,422
7	\$9,070	\$108,841
8	\$9,272	\$111,259
9	\$9,473	\$113,678
10	\$9,675	\$116,096
11	\$9,876	\$118,516
12	\$10,078	\$120,934

Alternative payments

The program accepts alternative payments for child care from Child Care Aware, Child Development Associates (CDA), and

YMCA. It is the parent's responsibility to sign the monthly attendance sheet at the end of each month.

Interest list

Once classrooms are fully enrolled, a list of eligible families will be maintained. Children will be assigned placement based on age/ranking as openings become available. Enrollment is continuous.

CALIFORNIA IMMUNIZATION REQUIREMENTS FOR

PRE-KINDERGARTEN



(any private or public child care center, day nursery, nursery school, family day care home, or development center)

Doses required by age when admitted and at each age checkpoint after entry¹:

AGE WHEN ADMITTED	TOTAL NUMBER OF DOSES REQUIRED OF EACH IMMUNIZATION ^{2,3}			
2 through 3 months	1 Polio	1 DTaP	1 Hep B	1 Hib
4 through 5 months	2 Polio	2 DTaP	2 Hep B	2 Hib
6 through 14 months	2 Polio	3 DTaP	2 Hep B	2 Hib
15 through 17 months	3 Polio	3 DTaP	2 Hep B	1 Varicella
	On or after the 1st birthday:			1 Hib ⁴ 1 MMR
18 months through 5 years	3 Polio	4 DTaP	3 Hep B	1 Varicella
	On or after the 1st birthday:			1 Hib ⁴ 1 MMR

Children must have all immunizations current:

- 3 Polio
 - 4 DTAP
 - 3 Hep B
 - 1 MMR
 - 1 Varicella
 - 1 Hib
-
- A complete physical exam is required for children at time of enrollment. The program will furnish a form for your child's doctor.
 - Families re-enrolling a child for a second year are required to complete the registration process every year.

Policies and Procedures

Parent orientation

Preschool parents will be required to attend an orientation meeting prior to the first day of school. At this meeting parents will receive information about preschool policies and procedures.

Attendance policy

It is important that your child attend class every day so that they may take full advantage of what our wonderful program has to offer. Regular attendance teaches your child the importance of school and will help them develop good

habits for future school years. If your child will be absent, please notify your child's school office; Crown (619) 522-6085, Silver Strand (619) 522-8934.

- Parents must provide a specific reason for their child's absence.
- A doctor's clearance may be required when a child's illness is greater than 5 consecutive days.
- Excused Absences Include:
 - Illness or quarantine of the child
 - Illness or quarantine of the parent or sibling
 - Court ordered visitation (must provide a copy of the Court Order Visitation)
 - Medical or dental appointments
 - WIC Appointments
 - Best interest of the child
- Best Interest Days examples are "special days" with parent, vacation, severe weather conditions, transportation problems, work/school holiday for parent scheduled on a day which differs from district's observance, or other family emergency that requires traveling away from home. Every family receives 10 Best Interest Days per year.
- Unexcused absences include:

Absences other than those mentioned above are considered unexcused. An accumulation of five (5) unexcused absences or more than ten (10) "Best Interest Days" may result in termination from the program. A Notice of Action for termination will be mailed to families enrolled in State Funded sessions.

Sign in/out procedure

- The State of California requires that you (or a designated adult 18 years or older) sign in/out using your LEGAL SIGNATURE, NO INITIALS. Failure to properly sign in/out can result in a Licensing citation. Additionally, no staff is be liable for your child until they are legally signed in. Please be prepared to return to your child's school immediately if this occurs.
- Please plan to pick up a little earlier than the official dismissal time. Children get anxious when their friends have gone home, and no one has come for them.
- Be sure the teacher acknowledges your child's presence before you depart the classroom at the end of the day.
- If you will be late, please notify
 - Crown (619) 522-8923 ext. 6087
 - Silver Strand (619) 522-8934 ext. 4096

- Authorized adults must show proper ID when picking up a child.
- No child will be released to a person that is not authorized on the Emergency Release Form. It is critical to fill this form out completely. Please keep this information accurate and up-to-date.
- We must have WRITTEN permission in advance for all non-authorized adults coming to pick up. This person must also show proper identification.

Late arrival or late pick up

Please ensure your child arrives and departs preschool on time. Dropping off or picking up children late can be stressful or a traumatic experience for children. Parent/guardian will receive a notice for late pick-ups beyond 5 minutes. Three late pick-ups in a six-month period will result in a meeting with the Director. Five late pick-ups in a six-month period can result in termination from the program. **PLEASE BE CONSIDERATE OF OUR TEACHING STAFF.**

Unclaimed children after closing time – IMPORTANT

If staff have exhausted all known means to locate you or an authorized emergency contact to pick up your child, and the time is a half an hour or longer after the program's closing time, Child Protective Services (CPS) will be called for assistance. CPS will call the police and transport your child to the Polinsky Children's Center. Please help us avoid this.

Court orders and custody

Our Program recognizes that in most situations both parents have a legal right to be part of their child's life. We will deny parent access to their child only if there is a legal document that addresses those restrictions.

Dress Code

Children should wear closed toe shoes. For safety reasons, all shoes must have a back strap, no flip-flops or heels will be permitted. We ask you to provide your child with an extra set of clothing (shirt, pants, underwear, and socks) to keep at school in case of an "accident" or messy art and/or outdoor play activities. Please put your child's name on all clothing.

Withdrawing Students from School

If you need to withdraw from CUSD's preschool program, please notify the preschool Director Lisa Alonso, (619) 522-6085 or lisa.alonso@coronadusd.net with at least 24 hours' notice. Upon request, we will be happy to forward records to your child's new school of residence.

Parking

Each preschool site has parking areas for the drop off and pick-up of children. Each child is to be escorted to and from the classroom by an authorized adult, 18 years of age or older. Check with your teacher regarding specific procedure for parking. Please do not leave children of any age unattended in a parked vehicle. Children must be placed in a proper car/booster seat before transporting children from the premises and never left alone in a car. Teachers and preschool assistants are mandated reporters and will notify authorities if they see any violations of the law relating to transporting children. Use precautions when driving around the schools, young children are hard to see. Park your vehicle in a marked stall. Do not double park or block other vehicles. Do not park in red emergency zones.

Gate and Door Safety

Please help us teach your child it is not safe to open doors or points of entrance at school. We do not want children running into the parking lot or street. This is for the safety of all children. Please help us protect the children and prevent accidents.

Non-Discrimination Statement

Discrimination in education programs is prohibited by state and federal law.

Education Code section 200, et seq. requires school district to afford all pupils regardless of gender, gender identity, gender expression, sex, race, color, religion, natural origin, immigration status, ethnic 19 group identification, mental or physical disability, sexual orientation, or the perception of one or more of such characteristics, equal rights and opportunities in accessing educational programs, activities and facilities. Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, and national origin. Title IX prohibits discrimination on the basis of sex. The Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973 prohibit discrimination on the basis of disability.

CUSD will take the required steps to assure that the lack of English will not be a barrier to admission and participation in district programs. This policy applies to all students insofar as participation in programs and activities is concerned, with few exceptions such as contact sports. In accordance with federal law, complaints alleging non-compliance with this policy are investigated through the Uniform Complaint Process.

Uniform Complaint Procedures

CUSD has adopted a Uniform Complaint Procedure. CUSD shall follow uniform complaint procedures when addressing complaints involving adult education programs, categorical aid programs, migrant child education, career technical education training programs, child care and development programs, allegations of unlawful discrimination, harassment, intimidation, or bullying, lactation accommodations, non-compliance with school safety planning requirements, pupil fees, courses of study, instructional minutes for physical education, local control accountability plans, any deficiencies related to preschool health and safety issues for a California state preschool program, and matters pertaining to the right of foster youth, homeless youth, former juvenile court school pupils, and children of military families. Information regarding the Uniform Complaint Procedure, including the individual responsible for processing a Uniform Complaint can be found online at <http://gamutonline.net/district/coronado/displayPolicy/644488/>.

Open Door Policy

CUSD preschool maintains an open-door policy. We welcome parents to visit our classrooms unannounced. For longer visits, families must notify the school office and Director and comply with CUSD's 30-minute observation policy. All observers must adhere to Volunteer Immunization Requirements.

Communication

We value keeping our lines of communication open between home and school. To keep you informed, we ask that you follow these procedures:

- ✓ Check your child's cubby daily.**
- ✓ Read your email. The program will keep you informed of school activities and events in our monthly newsletter sent electronically.**
- ✓ It is important to notify the teacher of whether you celebrate holidays or celebrations, and the teacher will adjust to ensure inclusion of all children. We want to be sensitive to you and your child's culture and home values.**
- ✓ When appropriate, let your teacher know whether anything "traumatic" occurs in your family (moving, death of a family relative, friend or pet, changes in the household or a new baby). We will work as a team to give you feedback/or referrals if necessary.**

Toys/Share Items

Please do not allow your child to bring toys, jewelry, tablets, or other items not requested. Your child's teacher will let you know when your child may need to bring a special item to share.



Birthdays

Equal recognition is given to all children on each child's birthday. The CUSD has a wellness policy in place that states no food items may be brought to school for birthday celebrations. You may bring a non-food treat (example: A book to donate in the child's name, or baggies with stickers, bubbles, toys, etc.) for all children on your child's birthday. We ask you notify the teacher in advance and ask for the number of children in the classroom. We cannot accommodate party-like items/activities such as balloons, party favors, or any food items.

Nutrition for Preschoolers

Preschool children will be provided one meal, every day. The meals will be free or at a low-cost charge to qualifying families. Otherwise, meals can be purchased for \$3.25. Menus are posted in each classroom and are provided upon request for parents to review. The district must follow the State's Nutritional guidelines established for public schools (SB12 & SAB965). This policy requires that all foods served to children are of high nutritional value. This applies to foods from the school cafeteria or food provided by parents.

For Meal Applications, please visit coronadousd.net/departments/food-services-student-nutrition/ and apply online for free or reduced-price meals.



Program Staffing

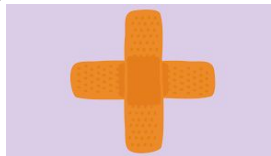
Every class is led by one qualified teacher and maintains a ratio of 1 adult for every 8 students. Every teacher holds a Child Development Permit from the California Commission on Teacher Credentialing. All instructional assistants have Early Child Development units and/or Child Development Permits. As a state licensed early childhood program, our staff is mandated to report suspected child abuse or neglect to local authorities.

Professional Development

Ongoing professional development is provided to all preschool staff. This includes ongoing training and staff development on curriculum, instruction, care and supervision, and best practices for early childhood coaching to meet individual needs, and regular evaluations. School may close one day, no more than two annually during the instructional year to provide professional training. All days will be made known of by first day of school.

Emergency Preparedness/Response

Each classroom posts information regarding Emergency and Disaster Preparedness and Response (earthquakes, fires, lock-down, etc.). Each preschool site follows the plan that has been developed at the elementary school where they are housed. The plans are posted, and monthly drills are conducted to familiarize the children with the procedures at each site. In case of an emergency, the staff has emergency kits. Staff will stay with the children in emergency situations until the crisis subsides and will also make efforts to comfort children during these high-stress situations. Please be reminded that children will only be released to persons on the Emergency Form and present photo identification. Parents/guardians who retrieve children during an emergency crisis will need to sign the child out indicating the time the child was picked up.



Emergency Procedures

Our staff is certified in both First Aid and C.P.R. The health clerk, teacher, preschool assistants, or office staff will handle minor injuries sustained during the school day. Ice, soap, water, and band-aids will be the extent of first aid given. If your child is hurt while at school, an “Incident Report” will be completed by the staff informing you what happened (these are for minor injuries, bumps, cuts, etc.) Families will be contacted for all head injuries.

It is essential that each child’s Emergency Information be kept up-to-date, including numbers, addresses and a list of adults who may be contacted in

case of an emergency. You must make changes to the Emergency Information Form located at your child's school office.

The listed procedures will be followed in the event of a medical emergency:

1. Staff will attempt to notify the parent by the phone immediately.
2. If unable to locate parents, emergency contacts will be called.
3. If necessary, the staff may attempt to contact the child's physician.
4. Necessary attempts will be taken to protect the life and health of the child, which may include:
 - a. Use of EMT and ambulance services.
 - b. Use of emergency medical care at a nearby hospital.

Visitors

Visitors are welcome but must follow district procedures. Visitors must register at the school office and receive a Visitor's Badge. To ensure minimum interruptions of the class, the visit must be arranged with the classroom teacher or Director. If a conference is desired, an appointment must be made with the teacher before or after school. Observations must be scheduled with the Director.

Medical and Health Information

Health

Our preschool staff continually strive to keep the preschool environment healthy and free of communicable disease. Health checks will be performed daily on each child. Staff will look for the following symptoms of illness:

- ✓ Tired, watery or glassy eyes
- ✓ Thick mucus from eyes or nose, especially green
- ✓ Low energy, fatigue or listlessness
- ✓ Lack of appetite or stomach upset
- ✓ Red cheeks, itchy scalp, or rashes

If a child becomes ill at preschool, the health clerk will see your child. If your child has a fever, is vomiting or has diarrhea, the parents/guardians will be contacted, and immediate arrangements must be made to pick up the child. Any communicable disease is a basis to keep your child at home until well.

Medications

The following is required:

- i. Medical form with a written, detailed description of the condition including the name and dosage of each medication signed by the doctor are required yearly.
- ii. Written permission to administer the prescribed medication, signed by the parent and the physician. Dosage and times that medication is to be administered must be included.
- iii. Please visit the school's main office for these forms.
- iv. If your doctor states that the child has a need for medication, you must bring the medication in its original container.

Allergies/Medical conditions

All diagnosed allergies and medical conditions must be documented in the child's file, and each staff person responsible for supervising the child must be notified. It is the parent's/guardian's responsibility to inform the preschool Director at the time of enrollment, as well as the child's history of all known (potentially harmful) allergies or medical conditions, i.e. asthma, diabetes, seizure, etc.

Illnesses

The following is an outline of certain common illnesses and the approximate length of time a child must be excluded from the preschool:

IF I HAVE...	SYMPTOMS...	PLEASE KEEP ME HOME UNTIL...
A Fever	<ul style="list-style-type: none"> • Temperature of 100.0 or higher 	I have been fever free for 24 hours without medication to reduce by fever.
Diarrhea	<ul style="list-style-type: none"> • Loose stools 	I have been diarrhea free without medication to stop by diarrhea.
Vomiting	<ul style="list-style-type: none"> • Throwing up • stomach pain 	I have not thrown up for 24 hours without medication to stop my vomiting.
Cold	<ul style="list-style-type: none"> • Sneezing • nasal discharge • coughing 	My nasal discharge is clear. I feel well enough to attend school and learn. I am not coughing so much that others cannot learn.
Pink Eye (Conjunctivitis)	<ul style="list-style-type: none"> • Eye is pink, reddened. • May have discharge. • May be itchy. 	I have been seen by a doctor and on medication for 24 hours.

	<ul style="list-style-type: none"> • May be crusted in the morning. 	
Hand, Foot & Mouth Disease	<ul style="list-style-type: none"> • Itchy red spots/blisters on the palms of hands/feet, inside of mouth • May have a fever. 	I am free of a fever for over 24 hours without fever reducing medication. My blisters are dried and I feel well enough to come to school.
Head Lice	<ul style="list-style-type: none"> • Itchy scalp • Nits or adult louse is present. 	I can come to school with nits but not with lice. After my treatment, I need to be checked at the health office before attending school.
Impetigo	<ul style="list-style-type: none"> • Small red fluid filled blisters with honey colored crusted scabs. • Frequently found on the face around the mouth area. 	I have been seen by my doctor and treated for 24 hours.

Parent Involvement

Parent Advisory Committee

The Parent Advisory Committee (PAC) is composed of parents from preschool. This committee acts in advisory capacity, aiding the program. See the school office for a list of meetings. Parents are strongly encouraged to join (PAC).



Parent Volunteers

Parents are partners in the education of their young children, so parent involvement is important for a successful preschool experience. Upon enrollment you are asked to indicate the specific day(s) you can participate and assist the teacher. Your child's teacher will schedule parents for their selected days and plan activities for them.

Parent volunteers must have proof of the following immunizations: DTap, MMR, Influenza, negative TB test or chest x-ray result, and completed the CUSD Volunteer Form to participate in the classroom. In addition, volunteers must have a Megan's Law clearance, in accordance with CUSD board policy. Children not enrolled in the program are not permitted to remain in the classroom during class time per Community Care Licensing regulations. Parent volunteers can help prepare classroom materials at school or home.

Parent Workshops and Trainings

Parent education and workshops are offered throughout the school year. Workshops are intended to provide parents with knowledge of parenting and child development, parental resilience, an array of social connections, and concrete support in times of needs.

Parent Visits

The district requires all parents to check-in at the main school office and obtain a visitor ID to wear for identification purposes. The law authorizes the person in charge of the facility to deny access to a parent/guardian under the following circumstances:

- o The parent/guardian is behaving in a way which poses a risk to the children in the facility;
- o The adult is non-custodial parent and the facility has a court order to deny access to the non-custodial parent.

Please note that parents do not have the right to threaten, intimidate, or be disrespectful to staff. Parent do not have the right to engage in disciplinary actions with any child other than their own.

Parent Meetings and Conferences

The preschool program plans several meetings for parents each year including a parent orientation. Conferences may be arranged at any time with the teacher or Director as requested by parents. Bi-annual parent/teacher

conferences are arranged in the Fall and Spring. Conferences will provide you opportunities to meet with your child's teacher to discuss your child's progress.

Child Behavior

It is the goal of the preschool program at Coronado Unified School District to provide a safe and secure environment for all children and staff. The Teaching Pyramid Program provides environmental and behavioral support for every child to be successful within the classroom setting.

The preschool staff believes that systematic implementation of developmentally and culturally appropriate skills enable preschool-aged children to develop the ability to manage their emotions, relate to adults, relate to peers, and to feel good about themselves. Throughout the school year, your child's teacher will establish and maintain a classroom environment that supports healthy social and emotional development and will engage in specific teaching activities to assist students needing additional guidance.

Healthy Social Emotional Development includes:

- o A sense of confident and competence.
- o Ability to develop nurturing and responsive relationships with adults.
- o Ability to make friends and get along with peers.
- o Ability to persist in tasks.
- o Ability to follow directions.
- o Ability to identify, understand, and communicate own feelings and emotions.
- o Develop empathy.

Challenging behavior can be described as:

- o Any repeated pattern of behavior that interferes with learning or engagement in positive social interactions with peers or adults.
- o Behaviors that are not responsive to the use of developmentally appropriate guidance procedures.
- o Prolonged tantrums, physical and verbal aggression, disruptive vocal or motor behavior, property destruction, self-injury, and or injury to others, non-compliance and withdrawal.

The Teaching Pyramid approach is based on a pyramid structure of support. The base of the pyramid emphasizes the development of positive relationships with children and families. It promotes social and emotional competency such as making expectations clear and providing a balance between active and quiet

times, and teacher directed, and student directed activities. Parental collaboration is vital in this learning process.

The second level of the pyramid focuses on intentional teaching of social problem-solving strategies and other socially appropriate skills for students who are found to need this level of support.

The top of the pyramid includes more intensive supports involving family members, school staff and experts whose efforts are targeted toward individual children with persistent behavior challenges.

Our Preschool Expectations

- We are friendly.
- We are respectful.
- We are safe.



Program Wide Expectations

All the preschool classes use these three (3) expectations in the classrooms. The children will learn the understanding of these words. Classroom rules and redirection by staff will be stated with positive words, helping children understand the classroom expectations.

Procedures for Working with Children who have Challenging Behaviors

The focus of our program is to prevent challenging behaviors. Sufficient active adult supervision will be provided by staff continuously. If your child may need a more individualized plan to prevent this challenging behavior, the teacher will let you know which strategies at the second level work for him/her. If additional support is needed at the third level of the pyramid, the teacher will invite you to participate in the planning and creating a behavior support plan for your child. In the rare instance your child behaves in a way that endangers either himself/herself or others, he/she may be excluded from the program.

Best Practices in Early Childhood Education

Our preschool curriculum, Splash into Pre-K, provides a wide variety of activities and techniques that enhance social skills, language development, and general problem solving.

The instructional program follows the State of California's Preschool Learning Foundations and Preschool Curriculum Framework to structure learning opportunities in the areas of Social Emotional Development, Language and Literacy, English Language Development, Mathematics, Motor Skills, Science and the Arts.

Ages and Stages Questionnaire

Children participating in State Preschools are required to receive a developmental screening using the Ages and Stages questionnaire, which is done by the parents. The result of the screening is shared with the parent by the teacher during parent-teacher conference. The teacher will notify the parent of a child who may have a delay in an area of development, and or may make a referral to the District or outside agency for consultation.

Desired Results for Children and Families

The California Department of Education (CDE) require all programs to implement a research-based assessment. Desired Results Developmental Profile, (2015). The DRDP documents your child’s progress made achieving *desired results* and provides information to help staff improve your child’s instructional program.

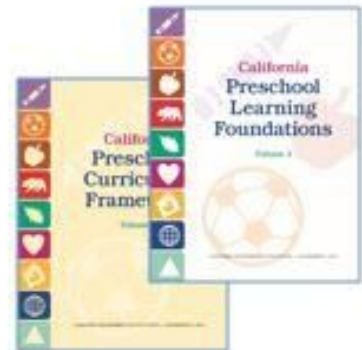
The DRDP (2015) is an observation tool for recording the achievement of *desired results* for children. It measures how well children are doing in meeting four broad *desired results*:

1. Children are personally and socially competent.
2. Children are effective learners.
3. Children show physical and motor competency.
4. Children are safe and happy.

Early Childhood Curriculum

Our early childhood curriculum addresses the developmental domains outlined in the California Preschool Learning Foundations and The California Preschool Frameworks:

- ✓ Social- Emotional Development
- ✓ Language and Literacy
- ✓ Mathematics
- ✓ English Language Development
- ✓ Fine Arts
- ✓ Science
- ✓ Motor Physical Development
- ✓ Health & Well-being
- ✓ Social Studies



Learning and development activities are presented on themes of interest to preschool children. While attending, your child will be learning with his/her body and senses, memory, perception skills, and thinking skills. Your child’s teacher will offer numerous opportunities to make meaningful connections between what is learned at school and family, home and neighborhood. The teacher will regularly communicate with you regarding the theme/skills being presented and how you can support your child at home.

Environmental Rating Scale

Every year, the classrooms participate in rating the classroom environment by using a tool called the Environmental Rating Scale to measure the quality of the program.

Parent Survey

Once a year, you will be asked to complete the DRDP Parent Survey and/or a First Five Parent Survey. These surveys are very important in providing information to support the improvement of your child's education.

Annual Self-Evaluation Process

The preschool program participates in a self-evaluation process each year to review progress and set program goals for the following year. Student data, along with classroom data and parent survey results are used to identify areas of strength and need, and to identify program goals.

Family Support

The preschool program strives to support families as we work together to prepare children for kindergarten and lifelong learning. At times, families may encounter circumstances that affect their ability to support their child. Upon admission, every family can seek information on how to find support or resources through the school district or community. If you suspect your child has learning, behavioral, or developmental concerns, the teacher or Director can arrange for you to meet with a school psychologist and or speech and language pathologist to determine a plan to support your child in the classroom.

RESOURCES

Emergency Crisis

Phone Numbers

Police, Fire, Paramedics	911
American Red Cross	(800) 500-6411
CA Missing Children's Hotline	(800) 222-3463
Child Abuse Hotline	(858) 560-2191
Poison Center	(800) 222-1222
San Diego County Psychiatric Hospital	(619) 692-8200
Suicide Intervention	(888) 724-7240 or (800) 344-6000
Women's Resource Center	(760) 757-3500

Additional Resources

2-1-1 San Diego or www.211sandiego.org 211 or (858) 300-1211

2-1-1 is a free, 24-hour confidential phone service and searchable online database.

AIDS Related Counseling Program (800) 367-2437

Provides information and referral on AIDS resources, HIV testing, counseling, and transmission and prevention of HIV.

Alcoholics Anonymous (619) 265-8762

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Al-Anon (619) 296-2666

To help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend.

California Children Services (619)
528-4000

Provides funding for treatment of children with certain physical limitations and chronic health conditions or diseases.

Catholic Charities (619) 231-2828

Provides services to people in need and to advocate for justice in social structures.

Center for Community Solutions Studies and Services (858) 272-5777

Provides emergency domestic violence shelters, hospital and court accompaniment, as well as legal and counseling services for those affected by domestic violence, sexual assault and stalking.

YMCA Childcare Resource Service (CRS) (800) 481-2151

Supports families in their search for quality, affordable and convenient child care options.

YMCA CRS Healthline (800) 908-8883

Offers free telephone consultations and resource referrals to parents and child care providers about physical and behavioral health concerns for children ages 0 to 5 years.

Community Care Licensing (619) 767-2200

State government office that promotes the health, safety, and quality of life of each person in community care through the administration of a collaborative regulatory enforcement system. Provides licenses to operate a child care center.

Empty Cradle (619) 595-3887

Offers support to parents who have experienced the loss of a baby through miscarriage, stillbirth, or infant death.

Exceptional Family Resource Center (619)
594-7416

Provide support, information and education for families of children with disabilities and the professionals who assist these families.

Family Health Centers of San Diego (619) 515-2300

Provides affordable, high-quality health care and support services to all people, with a special commitment to the uninsured, low-income and medically underserved.

Food Bank (858) 527-1419

Provides nutritious food to individuals and families in need in communities throughout.

International Rescue Committee (619) 641-7510

Provides opportunities for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants to thrive in America.

Parents, Families & Friends of Lesbians & Gays (888) 398-0006

Support for families, allies and people who are LGBTQ.

Planned Parenthood (888) 743-7526

Provides confidential, comprehensive, high-quality medical services, education and advocacy programs to the communities of San Diego and Riverside, and Imperial Counties.

San Diego County Department of Health Services (858) 694-3900

Public Health Services is dedicated to community wellness and health protection in San Diego County.

San Diego Housing Commission (619) 231-9400

Provides rent subsidies for low-income households in the City of San Diego.

San Diego Regional Center (858) 576-2996

Offers services for persons with developmental disabilities and their families. SDRC is a private nonprofit organization and works for the California state government Department of Developmental Services.

Early Childhood Special Education (ECSE) (858) 490-8500

ECSE is a state and federally mandated program for children under 5 years old who meet state eligibility criteria because they are experiencing developmental delays. Must live in the San Diego Unified School District to be eligible for services.

The Salvation Army Ray & Joan Kroc Center (619) 287-5762

Provides family support, education, recreation, and cultural arts center.

Survivors of Suicide (619) 482-0297

Supports people who have lost a loved one to suicide.

WIC - Women, Infants & Children (800) 500-6411

Provides nutritious foods, education on healthy living, and breastfeeding support.

www.sandiegowic.org

Lead Safety Information

Effective January 1, 2019, AB 2370, Chapter 676, Statutes of 2018, requires all child care providers, upon enrolling or re-enrolling any child, to provide the parent or guardian with written information including the following:

- **Risks and effects of lead exposure.**
- **Blood lead testing recommendations and requirements.**
- **Options for obtaining blood lead testing, including any programs that offer free or discounted tests.**

The following page provides a two-page flyer, written in partnership with the

POTENTIAL SOURCES OF LEAD

- Old paint, especially if it is chipped or peeling or if the home has been recently repaired or remodeled
- House dust
- Soil
- Some imported dishes, pots and water crocks. Some older dishware, especially if it is cracked, chipped, or worn
- Work clothes and shoes worn if working with lead
- Some food, candies and spices from other countries
- Some jewelry, toys, and other consumer products
- Some traditional home remedies and traditional make-up
- Lead fishing weights and lead bullets
- Water, especially if plumbing materials contain lead

SYMPTOMS OF LEAD EXPOSURE

Most children who have lead poisoning do not look or act sick. Symptoms, if any, may be confused with common childhood complaints, such as stomachache, crankiness, headaches, or loss of appetite.



OPTIONS FOR LEAD TESTING



A blood lead test is free if you have Medi-Cal or if you are in the Child Health and Disability Prevention Program (CHDP). Children on Medi-Cal, CHDP, Head Start, WIC, or at risk for lead poisoning, should be tested at age 1 and 2. Health insurance plans will also pay for this test. Ask your child's doctor about blood lead testing.

For more information, go to the California Childhood Lead Poisoning Prevention Branch's website at www.cdph.ca.gov/programs/clppb, or call them at (510) 620-5600.

(The information and images found on this publication are adapted from the California Department of Public Health Childhood Lead Poisoning Prevention Program.)

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EFFECTS OF LEAD EXPOSURE

Children 1-6 years old are the most at risk for lead poisoning.

- Lead poisoning can harm a child's nervous system and brain when they are still forming, causing learning and behavior problems that may last a lifetime.
- Lead can lead to a low blood count (anemia).
- Even small amounts of lead in the body can make it hard for children to learn, pay attention, and succeed in school.
- Higher amounts of lead exposure can damage the nervous system, kidneys, and other major organs. Very high exposure can lead to seizures or death.

California Department of Public Health, which must be copied and distributed to parents.